

STATE PREVENTION SYSTEM

Structure and Organization

The Texas Commission on Alcohol and Drug Abuse (TCADA), a freestanding agency within the Texas State government, is the lead State agency dedicated to combating alcohol, tobacco and other drug (ATOD) abuse. The Executive Director of TCADA reports to a six-member Board of Commissioners, who share the responsibility for approval of TCADA's programming and budget recommendations. Although TCADA's responsibilities include ATOD prevention and treatment, the agency is structured according to function rather than topic. The three functional areas, or Divisions, include:

- Finance and Administration
- Program services
- Program compliance

The Program Services Division oversees prevention, intervention and treatment services. A new position, Director of the Office of Prevention, was added in late 1997. This staff person is responsible for planning and recommending policy to the senior staff and commissioners regarding the expansion of a prevention infrastructure in the State and reports directly to the Deputy for Program Services. The Prevention Initiatives Coordinator is responsible for the start-up of new prevention initiatives and reports to the Program Initiatives and Development Director. The Technical Assistance department provides ongoing support to existing prevention programs. Additional key staff involved in prevention and intervention programming include the Director for Research and Technology Transfer, training staff, fiscal staff, HIV prevention staff, program evaluation staff, and resource library/clearinghouse staff.

TCADA utilizes the eleven Texas Department of Health and Human Service (HHS) Regions to equitably deliver services to the State. Each region is represented by a Regional Advisory Consortium (RAC), an appointed citizen's group that provides community input into the Commission's planning and funding decisions. Other groups that provide TCADA input on prevention issues include the Texas Summit Committee for Prevention and the Multicultural Affairs Committee.

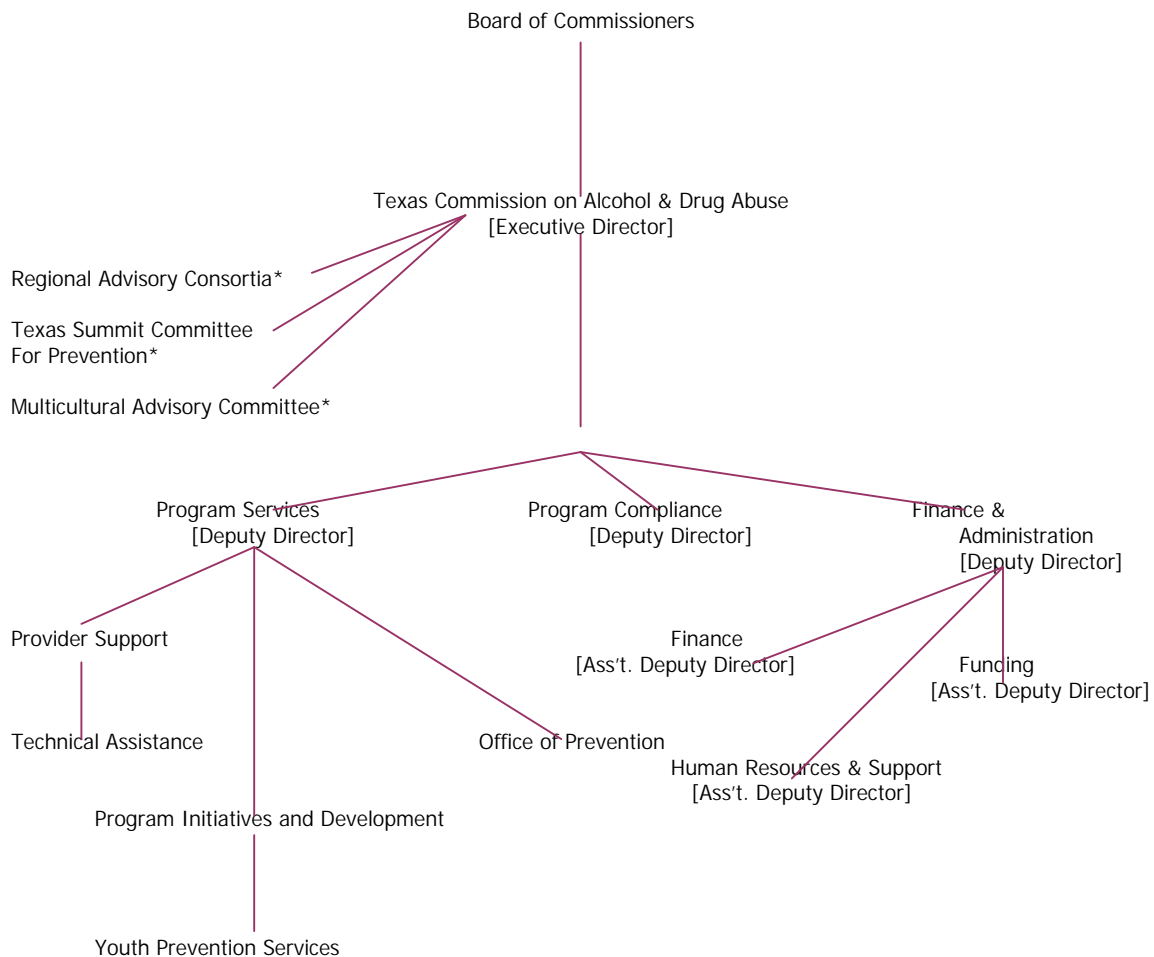
TCADA delivers ATOD services through prevention providers who have won competitive and noncompetitive grants or contracts. These contracts are executed with agencies that provide local, regional, and statewide services. TCADA specifies that local providers with whom the agency contracts provide services or activities that are aligned with the six Federal prevention strategies (i.e., information dissemination, education, problem identification/referral, community-based processes, alternative activities, and environmental change). Activities undertaken within each of these strategies should be in accordance with the needs of the target population or the community-at-large that is being served. TCADA also places emphasis on family-based approaches and family services.

TCADA's clearinghouse acquires and disseminates ATOD prevention material throughout the State. In 1997, TCADA contracted with Councils on Alcohol and Drug Abuse in the eleven HHS regions to establish Prevention Resource Centers (PRCs). These PRCs provide the latest prevention information and technical assistance to communities, schools and local governments.

STATE PREVENTION INVENTORY - TEXAS PROFILE

TCADA collaborates with other State agencies that are involved in ATOD prevention efforts, including: Education Agency, Governor's Office Criminal Justice Division, Health Department, Workforce Development Commission, Alcoholic Beverage Commission, National Guard, Housing and Community Affairs, Juvenile Probation Commission, Mental Health/Mental Retardation Commission, Commission on Volunteerism and Community Service, and the Youth Commission.

Organizational Chart



* Advisory bodies within the State prevention structure

STATE PREVENTION INVENTORY - TEXAS PROFILE

FUNDING AND RESOURCES

Year (FFY)	State Funding	SAPT Funding	20% Set-aside
1993	\$2,773,172	\$70,164,549	\$22,987,135
1994	19,840,661	72,088,225	18,109,928
1995	6,100,534	80,986,252	18,540,021

Allocation of Funds

CSAP Strategy	FFY 1993	FFY 1994	FFY 1995
Information Dissemination	\$5,311,407	\$3,229,929	\$3,199,931
Education	6,251,285	4,104,846	4,330,433
Alternatives	1,551,829	1,214,710	1,531,644
Problem Identification and Referral	5,311,407	4,098,899	4,944,364
Environmental	0	892,902	938,800
Community-based Process	0	1,133,256	1,225,800
Other*	4,561,207	3,435,386	2,369,049

*Expenditures in the "Other" category included Resource Development activities and Synar Amendment compliance.

Resource Spending	FFY 1993	FFY 1994	FFY 1995
Planning, Coordination, and Needs Assessment	\$0	\$47,744	N/A*
Quality Assurance	446,842	200,485	N/A
Training (post-employment)	293,548	135,349	N/A
Education (pre-employment)	0	0	N/A
Program Development	243,741	436,651	N/A
Research and Evaluation	118,063	62,791	N/A
Information Systems	27,300	110,742	N/A

*No data were available for this fiscal year.

Substate entities receiving set-aside funds for prevention service delivery

- 2 prevention advisory bodies
- 11 Regional Advisory Consortia (RACs)
- 11 substate regions
- 11 regional prevention centers

Average amount of grant/contract:

- FFY 1993 - \$85,138
- FFY 1994 - \$99,505
- FFY 1995 - \$140,752

Per-capita 20% set-aside spending (population):

- FFY 1993 - \$1.28
- FFY 1994 - \$0.99
- FFY 1995 - \$1.14

Staff/Volunteers designated and supported by set-aside funding and level:

- FFY 1993 -
 - State: N/A***
 - Regional: N/A
 - Local: N/A
- FFY 1994 -
 - State: N/A
 - Regional: N/A
 - Local: N/A
- FFY 1995 -
 - State: 226.5 FTE/0 Volunteers*
 - Regional: 9 FTE/ Volunteers**
 - Local: N/A

*Figure represents all FTEs within TCADA's State office in Austin.

**Figure represents number of field staff assigned to each of the State's 11 substate regions.

***The State was unable to provide these data for FFY 1993-1994.

STATE CONTACT

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PROGRAMS AND SERVICES

Definition of Prevention:

According to TCADA's Strategic Plan, "prevention is a process that utilizes multiple strategies designed to preclude the onset of the illegal use of alcohol, tobacco, and other drugs by youth. Prevention principles and strategies foster the development of social and physical environments that facilitate healthy, drug-free lifestyles."

Does the State have prevention plan?

Yes, *TCADA Strategic Plan, 1997-2001.*

Target populations for prevention services:

- Youth
- Individuals/families at risk for chemical dependency

Total Number served:

- FFY 1993 - 1,441,338 (youth)
630,209 (adults)
- FFY 1994 - 424,292 (youth)
358,752 (adults)
- FFY 1995 - 410,545 (youth)
288,240 (adults)

Programs funded:

Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995*	
Information dissemination	270/NA***	182/263,383**	152/NA	Partnership for a Drug-Free Texas; information clearinghouse; regional Prevention Resource Centers; councils on alcohol and drug abuse
Alternatives	270/NA	182/NA	152/NA	Preparing for the Drug-Free Years, Strengthening Families Program for Parents & Youth 10-14, Reconnecting Youth Program, youth prevention programs
Education	270/NA	182/3,908	152/NA	Life Skills Training Program, All Stars Program, Promoting Alternative Thinking Strategies (PATHS), Preparing for the Drug Free Years, Strengthening Families Program for Parents & Youth 10-14, Reconnecting Youth Program; youth prevention programs

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Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995*	
Community-based programs	270/NA	182/8,070	152/NA	Uniting Nations for Drug Abuse Defense, Bexar County Prevention Partnership; PRCs' Councils on Alcohol and Drug Abuse
Problem identification and referral	270/NA	182/NA	152/NA	Strengthening Families Program for Parents & Youth 10-14, Reconnecting Youth Program
Environmental processes/social policy/advocacy	270/NA	182/NA	152/NA	Amarillo Council on Alcoholism & Drug Abuse, Catholic Family Service, Inc., Volunteers of America Northern Texas Inc., Pathways Community Counseling, University YWCA (Austin), Youth Options, Inc.; PRCs

*Programs funded during State Fiscal Year 1996-97.

**Includes 369 calls received by toll-free telephone number.

*** Information not available from State.

DATA COLLECTION ACTIVITIES

Results currently available on prevention programs funded by the 20% set-aside (including needs assessments and data collection):

TCADA has conducted an extensive data collection effort throughout the State. There is a great deal of statistical and experiential information concerning the incidence and prevalence of substance abuse in Texas. Excellent information concerning risk indicators is also available for use in program planning and funding decisions. (Some of these publications are listed below.)

Needs assessment

TCADA maintains an active Needs Assessment Department. Since 1988, approximately 60 percent of the State's school districts have participated in school surveys of substance use. These surveys encompass substance use prevalence, factors affecting substance use among youth, and students' attitudes toward substance use. In addition, TCADA conducted a group of surveys to provide information about substance prevention. Recent publications include:

- *Texas School Survey of Substance Use Among Students; Grades 4-6 (1998)*
- *Texas School Survey of Substance Use Among Students: Grades 7-12 (1998)*
- *Substance Abuse Trends in Texas: December 1998*
- *Survey of Substance Use Along the Texas-Mexico Border (1998)*

STATE PREVENTION INVENTORY - TEXAS PROFILE

In addition to the school surveys, other surveys and studies conducted by the Needs Assessment Department include:

- Adult surveys of substance use
- Criminal justice studies
- Gambling studies
- Treatment studies and reports
- Trends and indicators of substance use

The information and data these surveys provide are enabling TCADA to make informed decisions as to which preventive services are required in each of its eleven regional areas.

Evaluation

TCADA requires every provider of prevention services to perform ongoing program evaluations to verify, document, and quantify program activities and their effectiveness using the model in CSAP's *Prevention Plus III*. Specifically, after the first year of funding, the following activities must occur:

- An identification of program goals, target groups, and desired outcomes
- An execution of a process assessment
- The development of a written plan for outcome assessment

Thereafter, each prevention provider is required to submit an annual written evaluation report, in accordance with TCADA's annual evaluation technical assistance packet.

SUPPORT SERVICES

Training and Technical Assistance:

Prevention training efforts in Texas are under the management of the Training Department within TCADA's Measurements Division. Training activities have centered around an annual Training Institute that draws 1,300-1,500 people; the Measurements Division estimates that approximately one-third of the conference is applicable to prevention staff.

In addition, TCADA's Technical Assistance Department – in conjunction with the University of Texas – has sponsored regional leadership trainings in program evaluation, prevention strategies, reporting activities, and other areas.

Certification Activities:

In Texas, a Certified Prevention Specialist (CPS) is a health care professional who has been certified by the Texas Certification Board of Alcoholism and Drug Abuse Counselors as having been adequately trained to provide prevention education and training.